

Parmenter Monthly

Inspiring Hope & Healing in MetroWest

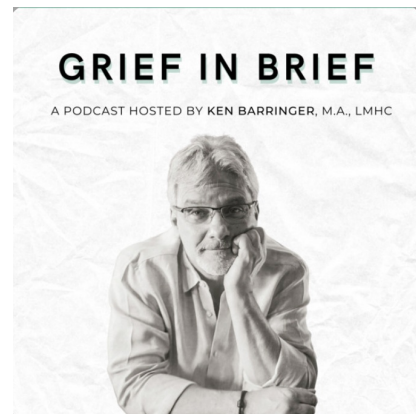
APRIL 2023

In this month's newsletter:

- "Grief in Brief" Podcast
- 2023 Grantee Videos
- Grantee Program Highlights
- Rett's Roost Retreat
- Empathy in eCommerce
- Comfort in Commerce
- Shareworthy

New Podcast Featuring Angela Crocker, Our Executive Director *"The Launching Point for When our Path is Uncharted"*

When a friend, coworker or loved one is grieving, we often struggle to find the words and tools to help them. In this episode of the "Grief in Brief" Podcast, hosted by Ken Barringer, M.A., LMHC of [H.E.A.L.I.N.G.](#), Angela Crocker talks to Ken about Parmenter's mission to provide education and resources to support our MetroWest community members of all ages who are facing end-of-life and/or bereavement. They discuss the importance of building the courage to approach and comfort our neighbors who are struggling in order to create a more resilient community. [Listen to the Podcast here!](#)



Meet Four More of Our Amazing 2023 Grantees!

As we have announced in previous newsletters, we awarded more than \$400K in 2023 grants to fund 15 impactful organizations. These awards help provide innovative, compassionate end-of-life care and bereavement programs for MetroWest families. Last month, we shared videos describing eight of our grantee organization and their programs we help to fund. Following are four additional short videos about our grantees and the important work they do to strengthen our community.

Click the links below to view or visit: [The Parmenter Foundation Current Grantees](#)

2023 GRANT \$14,500

- Provides funding for a bereavement retreat for MetroWest families
- New continuum of care model including virtual and in-person gatherings

RETT'S ROOST

THE PARMENTER FOUNDATION GRANTEE SHOWCASE 2023

2023 GRANT \$20,000

- Family Funds Program directly supports families who have lost a loved one to breast cancer
- Family liaisons provide logistical support
- Legacy project works with therapists to create lasting memories for children who lose parents

RUNWAY FOR RECOVERY

THE PARMENTER FOUNDATION GRANTEE SHOWCASE 2023

2023 GRANT \$40,000

- Provides salary support for clinicians in HEART play program
- Provides salary support for clinicians at Camp Erin
- Provides program and art supplies

HEART play
CAMP ERIN
GOOD SHEPHERD COMMUNITY CARE
THE PARMENTER FOUNDATION GRANTEE SHOWCASE 2023

2023 GRANT \$20,000

- Supports single point of access to mental health, including bereavement
- Funds compassionate multilingual Care Navigator

Behavioral Health Partners
METROWEST
THE PARMENTER FOUNDATION GRANTEE SHOWCASE 2023

Grantee Program Highlights

Learn more about specific programs our grant awards help to fund. In the first video, a paramedic for Care Dimensions' SmartCare program explains how he brings medical treatment and advice to hospice patients' homes to help them avoid hospitalizations and assists their families in providing care. In the second video, you will get a look inside Good Shepherd Community Care's newly reopened Miriam Boyd Parlin Hospice Residence in Wayland and hear from the staff about the facility and the compassionate end-of-life care they provide -- including their goal to bring joy to their patients every day.



**RETT'S
ROOST**

Our grantee, Rett's Roost, is offering an Open to Healing Retreat, sponsored by Parmenter, for MetroWest families affected by childhood cancer and loss. A weekend to connect grieving families and to honor the children we have lost too soon.

For more information and to register: [Click here!](#)



In dedication to our mission of providing hope and support for community members who are grieving, The Parmenter Foundation understands that Mother's Day and Father's Day can be particularly difficult times for people who have lost a parent or child.

That's why we launched the [E is for Empathy in eCommerce](#) campaign in 2021, to ask retailers to show sensitivity to their customers who do not wish to be contacted about one or both of these holidays.

If Mother's Day or Father's Day is a difficult time for you, we encourage you to contact retailers and let them know you would like to opt out of their email promotions for the holiday. You can find a suggested letter and more information here: <https://parmenterfoundation.org/empathyinecommerce/>



BUILDING COMMUNITY WHILE INSPIRING HOPE AND HEALING FOR OUR NEIGHBORS WHO ARE GRIEVING.



Each month, we partner with a business to share a special offer with our Parmenter friends. **You must "Follow" or "Like" The Parmenter Foundation, on [Facebook](#) or [Instagram](#), to take advantage of these deals and make sure not to miss them as they come up.**

This month's business partner is EveryBody in Mind Wellness Center, located in Sudbury, MA. The center merges innovative technology and tried and tested alternative, holistic wellness practices to help reduce stress and anxiety and increase mindfulness and overall mental, physical and spiritual health.

Follow us on social media to take advantage of a special Comfort in Commerce offer from EveryBody in Mind Wellness Center



Academy Award winning writer/director Colin Campbell writes about the deaths of his two children. He provides practical advice on how to live fully in the aftermath of extreme loss and how to support others going through this experience. [New Book: Finding the Words: Working Through Profound Loss with Hope and Purpose](#)

How Massachusetts families make the choice for hospice services and palliative care: [Wicked Local article](#)

Free, interactive, in-person event, hosted on April 23 by [H.E.A.L.I.N.G.](#) for you to explore alternative approaches to managing grief and loss. [A Taste of Healing Event \(click "Services Offered" for info\)](#)

How Wildflower, a Parmenter grantee organization, helped a mother and daughter cope and heal after two losses in their family: [Lexington Times Magazine Article - Starting again: Finding a way through grief](#)



Contact Us



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www.parmenterfoundation.org

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